

## Example Four Year Timeline

### Freshman Year

- Classes to take
  - General Chemistry I and II
  - General Chemistry I and II Labs
  - Pre-Calculus/Calculus
  - Biology I
- Activities
  - Join Pre-Dental Club/Pre-Health Club/Dental Honor Societies
  - Join a non-dental related group

### Sophomore Year

- Classes to take
  - Biology I and II
  - Organic Chemistry I and II
  - Organic Chemistry I and II Labs
  - Complete English requirement
  - Anatomy and Physiology (counts towards biology credits)
- Activities
  - Begin shadowing
  - Volunteer locally
  - Optional: Take DAT

### Junior Year

- Classes to take
  - Biochemistry (required by some schools)
  - Physics (not on DAT but required course)

- Activities
  - Meet with pre-dental advisor to make sure you are on the right track
  - Take DAT
  - Start asking for letters of evaluation
  - Fill out AADSAS application (opens in June)

### Senior Year

- Classes to take
  - Complete major classes and dental school requirements
- Activities
  - Complete dental school applications
  - Interview

### Notes and Our Advice

1. Make sure that you are taking all of the prerequisites that your school requires. Schools differ in this aspect. Look up each school individually and make sure you have taken every class they require.
2. DO NOT take prerequisite classes online. Most schools will not accept this. You may take them at other schools, but they must be in person.
3. Start early – volunteer, get involved, and shadow as soon as possible.
4. Make your involvement **meaningful**. It is better to be very involved in a few things than be loosely involved in a lot of things.
5. Research: Research is not required for dental school. If you enjoy research, get involved! There are many great opportunities to do research in the dental school. If you don't enjoy research, spend your time instead participating in **meaningful** academic and extracurricular activities that you do enjoy.
6. Start getting to know your professors and going to office hours early on. Don't wait until the semester before you apply, it will make things very stressful!

## List of Dental Schools

<https://www.asdanet.org/index/get-into-dental-school/before-you-apply/u-s-dental-schools>

## UNC ASOD Specific Requirements

### **Important Notes:**

- Students are encouraged to obtain a 4-year Bachelor of Arts or Bachelor of Science Degree. However, this is not required. Students who are not pursuing a degree must complete at least 3 yrs of accredited college courses (96 hrs). To simplify, a student CAN enroll in dental school after they have completed 3 yrs of undergrad (apply summer after sophomore year), but it is encouraged to obtain a degree.
- A maximum of 64 credit hrs will be accepted from an accredited 2-year community college or online college. All of these credits must be accepted by the Office of Undergraduate Admissions at UNC. The remainder of coursework must be completed at a 4-year university.

## UNC Specific Course Requirements

<b>Course</b>	<b>Lab Required?</b>	<b># Of Classes / Semester Hours</b>	<b>Specifics</b>	<b>UNC Specific Courses</b>
General Biology / Zoology	Yes (with vertebrate dissection)	2 classes / 8 hours	Class 1 – General Bio with Lab Class 2 – Human Anatomy and Physiology OR Vertebrate Zoology with Lab NOTE: If your school offers Anatomy and Physiology in a two-part sequence, you must take BOTH classes (3 bio classes total)	Class 1 – BIOL 101 / BIOL 101L Class 2 – BIOL 252 OR BIOL 474 / BIOL 464L
General Chemistry	Yes	2 classes / 8 hours	Class 1 – Gen Chem I Class 2 – Gen Chem II	Class 1 – CHEM 101 / CHEM 101L Class 2 – CHEM 102 / CHEM 102L
Organic Chemistry	No	2 classes / 6 hours	Class 1 – Orgo I Class 2 – Orgo II	Class 1 – CHEM 261 Class 2 – CHEM 262
Biochemistry	No	1 classes / 3 hours	Class 1 – Upper level biochem course	Class 1 – CHEM 430 / BIOL 430
Physics	No	2 classes / 6 hours	NOTE: Will accept calculus-based OR non-calculus-based physics courses	Class 1 – PHYS 114 Class 2 – PHYS 115
English	No	2 classes / 6 hours	*Normal graduation requirement at most schools	

For information regarding how courses will transfer to UNC, see this website:

<http://admissions.unc.edu/credit/credit/transfer-equivalencies/>