

Brace Yourself:

A Predental Newsletter from UNC ASDA

DO'S AND DON'TS OF INTERVIEW DAY

WHAT TO WEAR: For the ladies, we recommend either a skirt or pant suit. The blouse should not be too loud or busy, but should rather complement the rest of your look. For the gentlemen, we see many interviewers wearing a coat and tie for the entire duration of the interview. The most popular colors when it comes to suits are: navy blue, charcoal, gray, and black.

WHAT TO BRING: Only the necessities! This includes a padfolio (printed resumes inside), a pen, and your car key. Leave your cellphone in the car to avoid the temptation of looking at it during the day!

POST-INTERVIEW: Make sure you write a thank you note to each interviewer! Look up the address of their private practice online, or ask the school you interviewed at if they can help you find their contact information. Added bonus: add a line about a specific thing you talked about during the interview!

Remember to smile, be friendly and outgoing to everyone, and enjoy the experience. They picked you from all of the other applicants, so show them that you're the best!

Adapted from AndToothBeTold.com

OCTOBER SIGN UPS AND VOLUNTEERING OPPORTUNITIES

- **Bridging the Gap** signs ups go live on October 1st at 8pm. Click [HERE](#) to learn more!
- **CAARE clinic in Durham** is looking for assistants! Click [HERE](#) to check them out. Sign up by emailing Ejay Baker at bakerej@live.unc.edu
- **SHAC clinic in Chapel Hill** is looking for assistants! Click [HERE](#) to check them out. Sign up by emailing Matt Lee at mattlee@live.unc.edu

LOOKING FOR A DENTIST TO SHADOW?

Shadowing is extremely important in completing your application to dental school. But what if you don't know where to begin?

We've put together a list of dentists who are more than happy to invite pre dental students into their office. Please contact Chris Ioan at cioan87@live.unc.edu to learn more who is available to shadow in your area.

A WORD FROM THE COMMITTEE CHAIR: ABOUT THE NEWSLETTER

Greetings future dentists! My name is Sydney Melchert, and I am the PreDental committee chair at UNC-SOD. With the help of my committee, we are revamping our outreach to target pre dental students across the nation. We want to do more for students who are not local to the UNC School of Dentistry, and this newsletter is just one of the ways we are doing that. Each month we'll send you advice on becoming the best dental school applicant, as well opportunities for involvement at our dental school.

In keeping with our new school mantra, "***moving beyond excellence,***" we are looking forward to helping you achieve your ultimate academic goal: dental school.

If this newsletter was forwarded to you and you want to be added to the listserve, please click [HERE](#) to complete the contact form!



ASDA PreDental and Bridging the Gap Committee

STAY CONNECTED WITH US

Stay connected with us! Tag us in your pre dental photos, and you'll be ***entered to win a prize at the end of the semester!***



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ANDTOOTHBETOLD.COM

Lindsey, our ASDA PreDental Communications Director, blogs about pre dental advice and dental school life on her blog, AndToothBeTold.com. Check it out for more awesome pre dental advice!